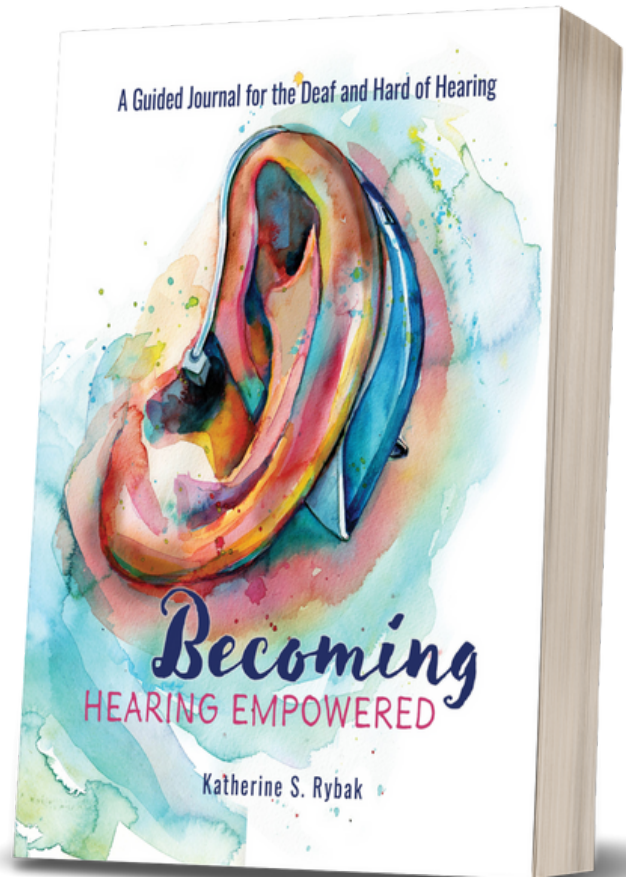


DO YOU OR SOMEONE YOU LOVE LIVE WITH HEARING LOSS?

*Join other friends who have hearing loss for an
engaging book study group!*

- DISCOVER the immense value of GROWTH MINDSET and how to apply it to LIVING WITH HEARING LOSS.
- Consider the EMOTIONAL IMPACT of negative experiences because of your hearing loss, and then GET YOUR ROADMAP to MOVE CONFIDENTLY FORWARD.
- FIGHT your INTERNALIZED STIGMA.
- CONFIDENTLY DISCLOSE your hearing loss CLEARLY and EFFECTIVELY in ANY SITUATION.
- Explore how STIGMA influences your feelings about hearing technology.
- Become WELL-INFORMED about ASSISTIVE TECHNOLOGY and ACCOMMODATIONS and know HOW TO ACCESS THEM.
- Set HEALTHY SOCIAL and EXPERIENTIAL BOUNDARIES that PROTECT your ENERGY.



Meet 8 consecutive Thursday evenings, 6:30-7:30PM, March 28-May 16, 2024

Location: Goodman Community Center Ironworks Building, 149 Waubesa St, Madison, WI.

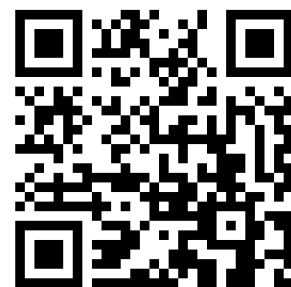
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Or email: katherine@hearingoutloud.net
or call 608-843-6104